

Target Audience:

- **Safety Personnel**
- **Front Line / Field Supervisors**
- **Company CEO / Owner / HR**

How Do Back Injuries Affect Your Bottom Line?

Material Handling Accidents & Back Injuries account for the vast majority of all accidents. These types of accidents cost ABA Members almost **2 Million Dollars** in 2009. Plus, Back Injuries have a high rate of recurrence costing Businesses More Money and Employees a Lifetime of Pain. **Those losses not only affected the health of your employees but also Reduced YOUR Individual Dividend and ABA Bonus and Raised your E-Mod & Workers Comp Insurance.**

REDUCE ACCIDENTS
AND YOUR EMPLOYEES
WILL BE
HEALTHIER
AND YOU WILL BE MUCH
WEALTHIER!

Trainer: **Noe Vallejo**



Action Equipment & Scaffolding Co.
2229 S. 16th St. Suite #1
Phoenix, AZ 85034

Questions: **David Howells**



Arizona Business Association, Inc.
(480) 874-0114
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4388 N. Civic Center Plaza, # A
Scottsdale, AZ 85251

THE HIGH COST OF BACK INJURIES

FREE Safety Training Sponsored by:



MATERIAL **HANDLING**

AND THE

High Cost

OF

BACK **INJURIES**

- ▶ **Thurs, Sept 9, 2010**
- ▶ **7:00 AM — 9:00 AM**
- ▶ **Action Scaffolding Training Facility**



The AZ Business Association is sponsoring a series of **FREE Safety Training Courses for You** as an ABA Member



Save Your Business Thousands of Dollars in Workers Comp Insurance Losses from these Most Common of all Accidents.

This safety training course teaches employees how to recognize and avoid the most common **injuries due to Material Handling** in the Workplace.

Back Safety Training emphasizes the importance of overall back care, both at work and at home, including exercises and weight control.

The Program Includes Info on:

- How the Back Works
- Common Types and Causes of Back Injuries
- Effects of Back Injuries
- Injury Prevention and Safety Practices
- Proper Lifting Techniques
- Basic Back Exercises
- and Much More.

This class is offered free of charge (**FREE TRAINING**), however seating is limited therefore we recommend registration by Sept. 6th, 2010

Please Register By:

Fax: 480-874-0115

~ OR ~

Phone: 480-874-0114

~ OR ~

E-mail: dhowells@abasafety.com

DATE and TIME:

**Thursday — September 9th, 2010
7:00 AM to 9:00 AM**

LOCATION:

**Action Equipment and Scaffolding Co.
2229 S. 16th Street, Suite 1
Phoenix, AZ 85034**



Company Name:	ABA Member #:	Phone #:	Name of Attendees:



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